

professionally trained chefs to teach caregivers basic meal preparation and nutrition to improve their skills, and ultimately our clients' meals. To complement our philosophy of healthy longevity, we even compiled our favorite Balanced Care Method and Super Smoothies Booklet friendly recipes into our *Comfort Foods Cookbook* for our caregivers and clients to use. We also wrote a *Kosher Care Cookbook* which contains a number of delicious courses suited for each of the major food-centered Jewish holidays.

Caregiver Re-Orientation

We believe that the best caregivers continue sharpening their skills over the course of their careers, which is why we provide ongoing Caregiver Re-Orientation. We regularly rotate caregivers through this program, which acts as a refresher course on our policies, procedures, and high standards of professionalism. Re-orientation also provides an opportunity to introduce caregivers to new programs and educational materials that may help them advance their skill sets, thus improving our clients' experiences.

Home Care Assistance University

We developed the Home Care Assistance University online training portal to give our caregivers the opportunity to continue enhancing their client care skills. Our e-learning platform is unparalleled in the industry and provides state-of-the-art education on topics including dementia care, healthy nutrition, mobility support, and more. Our curriculum is constantly changing to reflect the best practices and cutting-edge research in aging and longevity. Most importantly, the University reminds our employees about the Home Care Assistance vision of healthy mind, body, and spirit for our clients.



Contact us today to schedule a free consultation to determine how we can best serve your family.

334-593-3988

www.HomeCareAssistanceMontgomery.com



Our Mission

Our mission at Home Care Assistance is to change the way the world ages. We provide older adults with quality care that enables them to live happier, healthier lives at home. Our services are distinguished by the caliber of our caregivers, the responsiveness of our staff and our expertise in home care. We embrace a positive, balanced approach to aging centered on the evolving needs of older adults.

Daily Care Experts

We specialize in **around the clock** care to help individuals live well at home.

Available 24/7

Care managers are **on call** for clients and their families, even during nights and weekends.

High Caliber Caregivers

We hire only **1 in 25 applicants** and provide ongoing training and supervision.

Balanced Care

Our unique approach to care promotes healthy **mind, body and spirit**.

Cognitive Therapeutics

Our proprietary cognitive **stimulation program** addresses cognitive decline, building on our expertise in brain health.

No Long Term Contracts

Use our services only as long as you're **100% satisfied**.

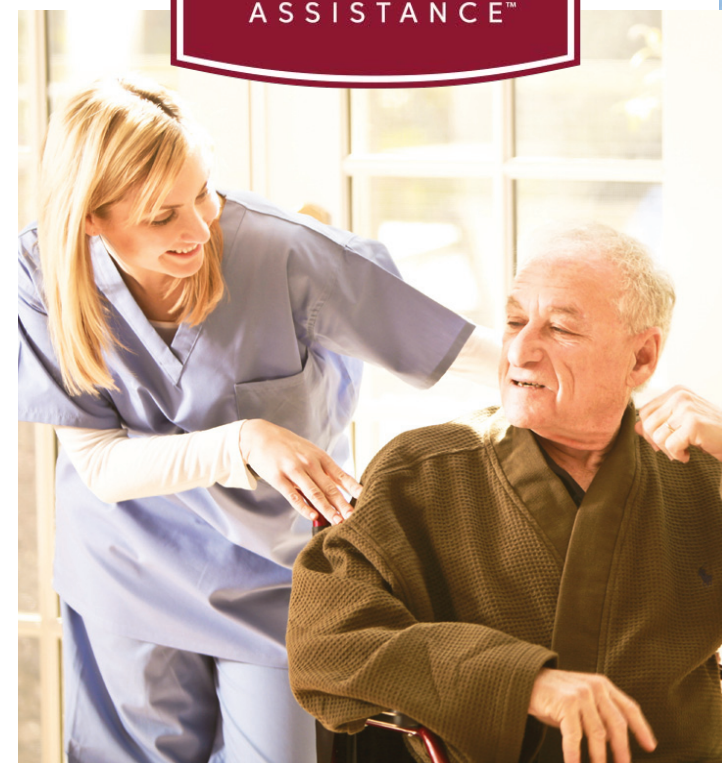
A Trusted Partner

We're honored to be **Preferred Providers** for professionals in both the medical and senior communities.

Peace of Mind

Independent industry surveys place our **client satisfaction** rate at 97%.

Comprehensive, Continuous Caregiver Training



334-593-3988

www.HomeCareAssistanceMontgomery.com



At Home Care Assistance, high quality care is our number one priority. We strive to promote a happy and healthy way of life for our clients. We could not do this without excellent caregivers. Our caregivers receive both preliminary and on-going training to ensure they are equipped to confidently and successfully handle all our clients' needs. Our caregivers are highly experienced and thoroughly screened, but we firmly believe it is our rigorous training and healthy obsession with improving the quality of life of our clients that sets them apart and elevates the standard of care that Home Care Assistance offers.

Balanced Care Method™ Training

Our caregivers are trained in The Balanced Care Method™, an approach based on the scientifically studied lifestyle factors that contribute to longer and healthier lifespans, promote total wellness and encourage maximum independence for older adults. By working to incorporate positive lifestyle behaviors into everyday care, Home Care Assistance caregivers help our clients live happier, more balanced lives.

Care Team Training

At Home Care Assistance, we have an in-house professional Care Team of Employee and Client Care Managers that provides training and support for our caregivers. The Care Team stays up-to-date on the latest cutting-edge research in health and senior care through our Healthy Longevity Webinar Series and our proprietary Home Care Assistance University, complete with hundreds of specialized courses on Alzheimer's and dementia care, physical/occupational therapy, cardiac rehabilitation, nutrition, and much more! Care Team Training represents yet another way we ensure the highest standard of care for our clients.

Pre-Hire Orientation

Before starting the first case, caregivers undergo a Pre-Hire Orientation which introduces our policies and procedures and also gives our Care Team an additional chance to screen unqualified caregivers. At our Pre-Hire Orientation, we introduce caregiver candidates to our Client Care Managers and Employee Care Managers and discuss our approach to new cases and providing exceptional care for our clients.

Cognitive Therapeutics Method™ Training

Our Cognitive Therapeutics Method caregiver training begins with an extensive in-person education session. Training is conducted by a certified Cognitive Therapeutics Instructor and involves detailed explanations of how to administer each activity and how they affect the brain. Role-playing is also a key component of the training process. Caregivers learn that the emphasis of the program should be on the process of thinking rather than finding the right answer; we do this so that clients not only feel challenged and engaged, but also enjoy the activities.

Culinary Training

Home Care Assistance is the only home care agency that provides culinary training for caregivers. We have partnered with expert,



Training to Provide the Best in Client Care

Home Care Assistance allows seniors to live at home with the support of the industry's best-trained caregivers. Our care professionals are the most reputable and compassionate around because throughout their employment, we provide comprehensive, continuous training. Home Care Assistance caregivers promote the highest quality of life for the seniors they work with, while also offering independence and peace of mind to their loved ones.